



## PROTOCOL HOW TO WEAR RUBBER GLOVES

Gloves provide a protective barrier against germs that cause infections.

Wearing gloves does not replace the need to wash your hands. Gloves in general are a good barrier, but they may not be completely non-porous.

Wearing gloves reduces contamination, but does not eliminate it.

If the gloves become contaminated while you are wearing them, be sure to remove them before touching clean surfaces.

1. Pick up one glove by the cuff using your thumb and index finger. Touching only the internal part of the cuff glove. Hold the glove with your thumb and forefinger, and then carefully insert hand into gloves.





2. Work your fingers into the proper places. Pull the glove onto one hand and anchor the cuff over your thumb. Pull the glove over the heel of your hand.



3. Repeat the procedure with the other hand: Slip your gloved fingers under the cuff of the other glove. Pull the glove over your fingers and hand, using a stretching side- to-side motion.

Pull second glove over other hand and pull glove up gownned wrist.

Slipping fingers of completely gloved hand under cuff of first hand. Pull glove to gownned wrist.

